



# Nisga'a Valley Health Authority

## Engagement: Questions to Ponder

**NVHA is undertaking engagement across the Nass Valley, Village Governments and Urban populations.**

**The aim of the sessions is to set the annual priorities for Nisga'a Valley Health and our programs and services:**

**In preparation for the priority setting sessions please take some times to consider the following questions.**

What Does Wellness Mean to Nisga'a Nation?

What does Wellness mean to you as a Nisga'a Member?

What are some ways to measure wellness of the Nation, Communities, Families and Individuals?

How do we know when the Nisga'a Nation has achieved Wellness?

What is the top 3 priorities for each program areas?

*(Mental Wellness, Community Health (prevention/promotion), Primary Care, Home and Community Care, Traditional Wellness)*



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